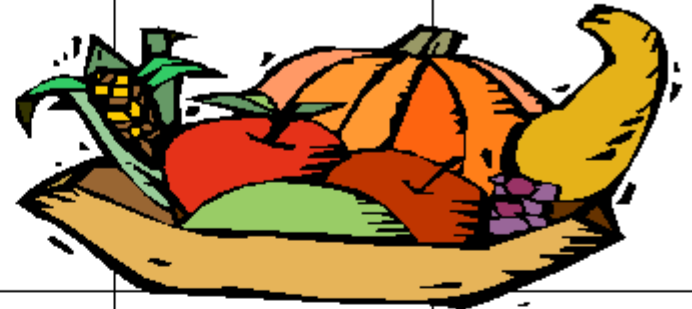




Tewksbury Schools Ryan/Wynn/Memorial

NOVEMBER 2009



2

Chicken & Cheese
Quesadilla or Asst. Pizza
Rice Pilaf
Caesar Salad
Salsa/S. Cream
Fresh Fruit
Milk Variety

3

Cheeseburger on a Roll
Corn Niblets
Oven Fries
Lett/Tom Slices
Baked Nacho's
100% Grape Juice
Milk Variety

4

Mozzarella Sticks w/ Sauce
Toss Salad w/ Dressing
Seasoned Pasta
Sugar Cookie
Fruit
Milk Variety

5

Cinnamon Apple French
Toast
Sausage Patty
Hash Brown Stick
Fruit or Juice
Milk Variety

6

Taco Pizza
Garden Salad W/ Dressing
Seasoned Pasta
Fruit
Milk Variety

9

Vegetable Soup
Hot Turkey & Cheese
Croissant
French Fry Wedges
Raspberry Sherbet Cup
100 % Orange Juice
Milk Variety

10

Spaghetti W/ Meatsauce
Toss Salad w/ Dressing
Garlic Bread Stick
Cup of Fruit
Milk Variety

11

NO SCHOOL
VETERANS DAY

12

Chicken Nuggets
Rst Red Bliss Potato Wedges
Vegetable of the Day
Dinner Roll
Fruit or Juice
Milk Variety

13

Twisted Edge Pizza
Caesar Salad w/ Croutons
Yogurt Choice
100 % Orange Juice
Milk Variety

16

Cheese Calzone w/ Tomato
Sauce
Toss Salad w/ Dressing
Yogurt Choice
Chocolate Chip Cookie
Fruit or Juice
Milk Variety

17

Nacho Chips W/ Beef
Lettuce/ Tomato/ Cheese
Rice Pilaf
Salsa, Sour Cream
Graham Cracker Sticks
100% Fruit Juice
Milk Variety

18

Roast Turkey Dinner
Mashed Potato/ Stuffing
w/ Gravy/Cranberry Sauce
Mixed Vegetable
Apple Crisp
Juice
Milk Variety

19

Tomato soup
Grilled Cheese Sandwich
Potato Wedges
Salad w/ Dressing
Blueberries or Strawberries
w/ Topping
Milk Variety

20

Stuffed Crust Pizza
Garden Salad w/ Dressing
Seasoned Pasta
Fruit
Milk Variety

23

Chicken Patty on a Roll
Lett / Tom Slices
Oven Fries
Yogurt Choice
100% Juice
Milk Variety

24

Macaroni & Cheese
Broccoli & Cauliflower
Dinner Roll
Fruit Choice
Milk Variety

25

1/2 day

No Lunch

26

Happy Turkey Day

No School

11-30-09

Hot Dog on a Roll
Baked Beans
Tater Tots
Assorted Desserts
100% Fruit Juice
Milk Variety